

# Food Allergies **in the** Real World



## FAAN Teen Summit 2006

# Schedule

For more information call FAAN at (800) 929-4040 or email [teens@foodallergy.org](mailto:teens@foodallergy.org)

Join teens (age 11-21) with food allergies from around the country as they come to Washington, D.C. for a weekend of fun, education and discussion of topics unique to teens. Speakers will include physicians, other health care professionals and teens.

### Saturday, November 4, 2006

- 8:30-9:00 a.m. **Registration**
- 9:00-9:30 a.m. **Total Request Live**  
*FaanTeen welcome and introductions*
- 9:30-10:00 a.m. **Food Allergies in the Real World**
- 10:00-10:25 a.m. **Road Rules**  
*Food Allergy 101*
- 10:25-10:40 a.m. **Break**
- 10:40-11:10 a.m. **Untold Stories from the ER**  
*Food allergy and anaphylaxis*
- 11:10-11:40 a.m. **Talk Soup**  
*A to Z on eating out*
- 11:40 a.m.-12:00 p.m. **Talk Back**  
*Open discussion*
- 12:00-1:00 p.m. **Lunch Break**
- 1:00-1:30 p.m. **True Life**  
*Emotional impact of food allergies*
- 1:30-1:45 p.m. **Big Brother**  
*What's on your mind?*
- 1:45-2:45 p.m. **Talk Back**  
*Open discussion*
- 2:45-3:00 p.m. **Break**
- 3:00-3:30 p.m. **Myth Busters**  
*Research fact or fiction*
- 3:30-4:00 p.m. **The Dating Game**  
*Food allergies and dating*
- 4:00-6:00 p.m. **Dinner Break**
- 6:00-8:00 p.m. **Globe Trekker**  
*Tour of Washington Monuments*
- 8:00-10:00 p.m. **Wild 'N Out**  
*Social gathering, music, fun, and a chance to be in a movie*

### Sunday, November 5, 2006

- 9:00-9:30 a.m. **Funniest Home Videos**  
*What we have learned so far*
- 9:30-10:00 a.m. **Top Chef**  
*What is the label really saying?*
- 10:00-11:00 a.m. **America's Got Talent**  
*Learn to face reporters, media training*
- 11:00-11:30 a.m. **MADE**  
*Secrets for growing up and transitioning in school and college*
- 11:30 a.m.-12:00 p.m. **The Apprentice**  
*Advocacy, walks, mentoring young kids, college*
- 12:00-12:30 p.m. **The Amazing Race**  
*Life is not just about food allergies*
- 12:30-1:00 p.m. **Until Next Time . . .**  
*Close of Teen Summit*

### Parents of Teens With Food Allergies Session

#### **Saturday, November 4, 2006**

- 9:00-9:30 a.m. Welcome and Introductions
- 9:30-10:00 a.m. Living with Teens and Food Allergies
- 10:00-10:30 a.m. Question and Answer Session
- 10:30-11:00 a.m. Networking
- 11:00 a.m. Adjourn, time on your own

#### **Sunday, November 5, 2006**

- It's your turn to relax. Help get your teens up and moving then roll back into bed before packing up and checking out by 12:00 p.m.